

# Constitution for ICU Parkour, Free Running & Gymnastics

## 1. Name

- 1.1 The club shall be a member of the Sports Committee.
- 1.2 The name of the Club shall be Parkour, Free Running & Gymnastics, hereafter referred to as 'the club'.

## 2. Aims & Objectives

- 2.1 Provide members with a safe, supportive & fluffy environment to learn and practice le Parkour, Freerunning and Gymnastics. Resulting in all members being self sufficient enough to practice on their own or in groups.
- 2.2 Introduce members to the wider Parkour Freerunning and Gymnastics community via events such as cooperative training and competitions.
- 2.3 Provide high quality coaching in all aspects of our sports, catering to the needs of each sport in an appropriate manner to that sport (in regards to necessary equipment, facilities, etc).

## 3. Statement of Intent

- 3.1 The constitution, regulations, management and conduct of the club shall abide by all Imperial College Union Policy, and shall be bound by the Imperial College Union Constitution and Regulations.
- 3.2 The club stresses that it abides by the Imperial College Union Equal Opportunities Policy, and that club regulations pertaining to membership of the club and election to management of the club shall not contravene this policy.
- 3.3 The club shall also be governed by the Management Group Standing Orders where the Management Group is determined the New Clubs Committee in the first instance, then as per the Clubs & Societies Policy.

## 4. Membership

- 4.1 The following shall be eligible to become members of the club:
  - 4.1.1 ICU Full Members
  - 4.1.2 ICU Associate Members
  - 4.1.3 ICU Life Members
- 4.2 Any club member who is a full member of ICU shall be a 'full member' of the club, all other members shall be 'associate members' of the club.
- 4.3 All members shall join the club, a membership fee may be set by the club committee but shall not be less than that specified by the ICU Clubs & Societies Board.

## 5. Committee

- 5.1 President
- 5.2 Treasurer
- 5.3 Secretary
- 5.4 Public Relations Officer
- 5.5 Events Officer

## 6. Management and Job Descriptions

- 6.1 The Chair shall represent the club on the Management Group Board, and shall be responsible for making sure that the club is run according to the club constitution and Imperial College Union's Code of Conduct for Clubs, Societies & Projects as far as can be reasonably expected.
- 6.2 The Chair and Treasurer shall sign an ICU Financial Responsibility form, and shall be aware of the ICU Financial Regulations.
- 6.3 The Treasurer shall carry out the day to day financial duties of the club.
- 6.4 The President shall chair meetings, act as a main point of contact, handle disputes within the committee, determine the society's strategy and ensure the good running of the committee.

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- 6.5 The Treasurer shall be responsible for managing finances, dealing with expenses claims, and ensuring budget limits and Union regulations are met. They shall work to establish links with companies in order to get sponsorship, opportunities. They shall be responsible for finding and securing grants and sponsorship, and ensuring compliance with Union regulations. They shall be responsible for organising payments for any instructors used.
- 6.6 The Secretary shall deputise for the Chair in all areas when the Chair is not available. Shall be responsible for general administration, including organising meetings, taking and circulating meeting minutes, and maintaining and policing membership sign-ups.
- 6.7 The Public Relations Officer shall be responsible for creating and maintaining publicity materials including social media e.g. updating members about changes to training schedules via social media or e-mail. (Platforms used by the society are instgram, facebook group and facebook page where necessary).
- 6.8 The Events Officer shall be responsible for organising weekly training sessions, including but not limited to one session within Imperial College London's South Kensington Campus, one session in a suitable gymnasium, and weekly coached outdoor parkour sessions. Shall be responsible for organising social events and trips.

## 7. Committee Meetings

- 7.1 Committee meetings shall be called by the Chair of the club and held at least monthly.
- 7.2 At least five College days' notice of a committee meeting must be given to the committee.
- 7.3 Only committee members may vote at a committee meeting, but full and associate members of the club may be invited and speak.
- 7.4 Quorum shall be two-thirds of the committee of the club.
- 7.5 Decision shall be reached by simple majority of the committee members present.

## 8. General Meetings

- 8.1 A general meeting may be called by the club Chair, quorum of the committee or by ten full members of the club; this must be submitted to the Chair in writing. The general meeting must be held within ten College days of receipt of the proposal.
- 8.2 General meetings may only be held during undergraduate term time.
- 8.3 At least five College days' notice of a general meeting must be given to the club membership.
- 8.4 Only full members of the club may vote at general meetings.
- 8.5 Quorum of the meeting shall be half of the full club members.
- 8.6 Decision shall be reached by a simple majority of the full members present.

## 9. Annual General Meeting

- 9.1 The AGM shall be held during the second term of the academic year, unless permission is obtained from the Deputy President (Clubs & Societies). The AGM shall have as its main business:
- 9.1.1 The presentation of the report of activities, including financial activities, for the past year.
- 9.1.2 The election of the committee for the next session.
- 9.2 An agenda giving notice of the AGM must be circulated to all club members at least ten College days in advance.
- 9.3 Nominations for club officers must be posted at least ten days in advance of the meeting and closed before the meeting.
- 9.3.1 Each nomination shall require one proposer and normally 4 seconders who shall be full members of the club.
- 9.3.2 In the event of there being no nomination for a post within the stipulated time then nominations may be accepted from the floor at the AGM.
- 9.4 The quorum of the AGM shall be half of the full members of the club.

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9.5 In the event that no person is voted in to a post or of resignation from a position, the Chair will undertake the duties until such time as the post is filled. Elections to fill such a vacant post should take place at a general meeting and shall be subject to the same rules as per AGM.

9.6 Further guidance on elections can be found in the Election Regulations for Imperial College Union.

## 10. Finance

10.1 The club may receive grant from Imperial College Union and shall administer this and any self-generated income in accordance with the Imperial College Union Financial Regulations.

10.2 The club Treasurer will provide the Treasurer of the Management Group with a detailed budget for the following academic year during the first half of the second term of the academic year.

10.3 Budgets for events shall be submitted to the Management Group Treasurer and/or the Deputy President (Finance & Services) for inspection and approval in accordance with the Financial Regulations no later than two weeks before the date of the event.

## 11. Health & Safety

11.1 The club acknowledges its duty of care to its members and will abide by Imperial College Union's Health & Safety Policy, and Imperial College Union's Code of Conduct for Clubs, Societies & Projects.

11.2 The club will submit an annual Risk Assessment to the Deputy President (Clubs & Societies) for its activities.

## 12. Additional Activities

12.1 Club Christmas dinner towards the end of first term.

12.2 Club movie night, watching a film relevant to our sports or otherwise of interest to our members. Food shall be provided, normally in the form of pizza.

12.3 Regular trips to local trampoline parks (often Flipout Wandsworth), aiming for at least once a month.

## 13. Constitution

13.1 The Constitution shall only be altered by consent of two-thirds majority of the full members present at a general meeting. The Management Group shall approve any such alterations.

13.2 This Constitution shall be binding on the club officers and members, and all other constitutions are hereby revoked.

13.3 This Constitution has been approved in accordance with 13.1. above, and accepted as the Constitution for Parkour, Free Running & Gymnastics on 27/01/2021 by Matthew Baugh and Chloe Orsini